

2010 NPC SCHEDULE OF EVENTS

National Physique Committee of the USA – Mid-Atlantic Zone
Delaware, DC, Maryland, Ohio, Pennsylvania, Virginia, West Virginia

March 4/5/6

ARNOLD AMATEUR CHAMPIONSHIPS - Columbus, OH

Mike Davies – 614-619-5630 - beefcakedavies@aol.com - Bodybuilding/Fitness/Figure/Bikini

March 20

NATURAL OHIO DRUG-TESTED CHAMPIONSHIPS - Lakewood, OH

Dave Liberman - 440-942-5634 - DaveLiberm@aol.com – www.daveliberman.com - Bodybuilding/Figure/Bikini - Drug-Tested

April 3

CINCINNATI CHAMPIONSHIPS - Middletown, OH

Rick Reuther - 513-825-3604 - OHIONPC@aol.com - Bodybuilding/Figure/Bikini

April 17

BWI METROPOLITAN CHAMPIONSHIPS - Baltimore, MD

*John Puskarich
Bodybuilding/Figure/Bikini*

May 1

**NPC PITTSBURGH CHAMPIONSHIPS - Pittsburgh, PA
IFBB PRO FIGURE and PRO BIKINI CHAMPIONSHIPS**

Jim Manion - 412-276-5027 - npcfirst@aol.com - www.garyudit.com - Bodybuilding/Fitness/Figure/Bikini - National Qualifier

May 8

MIKE FRANCOIS CLASSIC - Columbus, OH

Mike Francois - 740-363-8393 - classic@mikefrancois.com - Bodybuilding/Figure/Bikini - National Qualifier

May 15

PENNSYLVANIA/LEHIGH VALLEY CHAMPIONSHIPS - Allentown, PA

Craig Johnson – 610-740-0352 – topphysique@aol.com - Bodybuilding/Figure/Bikini - National Qualifier

May 29

JULIE PALMER ULTIMATE CHAMPIONSHIPS - Toledo, OH

Julie Palmer - 614-619-5630 - beefcakedavies@aol.com - Bodybuilding/Fitness/Figure/Bikini - National Qualifier

June 26

**PHILADELPHIA BODYBUILDING CHAMPIONSHIPS - Philadelphia, PA
TRACEY GREENWOOD FITNESS, FIGURE and BIKINI CLASSIC**

Todd Howe - 215-848-4881 - howe269@juno.com - Bodybuilding/Fitness/Figure/Bikini - National Qualifier

June 26 ?

VIRGINIA GRAN PRIX CHAMPIONSHIPS - Norfolk, VA

Marvin Chappell – 757-424-4167 – fitheidi@yahoo.com - Bodybuilding/Figure/Bikini - National Qualifier

July 17

BILL GRANT CLASSIC - Allentown, PA

Bill Grant – 888-304-7268 – billgrant@billgrant.net - Bodybuilding/Figure - National Qualifier

July 23/24

TEEN, COLLEGIATE AND MASTERS NATIONALS - Pittsburgh, PA

Gary Udit - 412-377-1438 - gudit@comcast.net - www.garyudit.com

Bodybuilding/Figure/Bikini - Pro Qualifier

July 31 ?

VIRGINIA/DC STATE CHAMPIONSHIPS - Norfolk, VA

Marvin Chappell - 757-424-4167 - fitheidi@yahoo.com - Bodybuilding/Figure/Bikini - National Qualifier

August 14 ?

DELAWARE/DELAWARE OPEN CHAMPIONSHIPS - Greenville, DE

Todd Howe - 215-848-4881 - howe269@juno.com - Bodybuilding/Fitness/Figure/Bikini - National Qualifier

August 21

MARYLAND CHAMPIONSHIPS/EAST COAST CLASSIC - MD

Rich Siegelman - 301-251-1122 - richpft@aol.com - Bodybuilding/Figure/Fitness/Bikini - National Qualifier

August 28 ?

LENDA MURRAY CHAMPIONSHIPS - Norfolk, VA

Lenda Murray - 310-904-3148 - msolympia8@msn.com - Bodybuilding/Figure/Bikini - National Qualifier

September 3/4

IFBB NORTH AMERICAN CHAMPIONSHIPS - Cleveland, OH

Gary Udit - 412-377-1438 - gudit@comcast.net - www.garyudit.com

Bodybuilding/Fitness/Figure/Bikini - Pro Qualifier

September 11 ?

WEST VIRGINIA/MID-ATLANTIC GRAND PRIX CHAMPIONSHIPS - Wheeling, WVA

Andy Bartolovich/Erik Fankhouser - 304-281-1283 - abartolovich@yahoo.com - Bodybuilding/Figure/Bikini - Natl Qualifier

September 18

CHAMBERLAIN CUP CHAMPIONSHIPS - West Chester, PA

Todd Howe - 215-848-4881 - howe269@juno.com - Bodybuilding/Figure/Bikini - National Qualifier

September 18

OHIO/GREAT LAKES CHAMPIONSHIPS - Columbus, OH

Mike Davies - 614-619-5630 - beefcakedavies@aol.com - Bodybuilding/Fitness/Figure/Bikini - National Qualifier

October 2

NATURAL NORTHERN USA DRUG-TESTED CHAMPIONSHIPS - Lakewood, OH

Dave Liberman - 440-942-5634 - DaveLiberm@aol.com - www.daveliberman.com - Bodybuilding/Figure/Bikini - Drug-Tested

October 9

NATURAL PENNSYLVANIA CHAMPIONSHIPS - Pittsburgh, PA

Gary Udit/Gregg Ferringer - 412-377-1438 - gudit@comcast.net - www.garyudit.com

Bodybuilding/Figure/Bikini - Drug Tested

October 23 ?

BWI METROPOLITAN CHAMPIONSHIPS - Baltimore, MD

Gary Udit/Mike Kamdar - 412-377-1438 - gudit@comcast.net - www.garyudit.com

Bodybuilding/Figure/Bikini - National Qualifier

October 30

MONSTER MASH NATURAL CHAMPIONSHIPS - Cincinnati, OH

Rick Reuther - 513-825-3604 - OHIONPC@aol.com - Bodybuilding/Figure/Bikini - Drug Tested

www.npcnewsonline.com www.ifbb.com www.npc-pa.com
www.jmmanion.com www.garyudit.com www.npcrings.com